Play Therapy with Children After Disaster

Please complete the following quiz to earn Continuing Education credit.

Your name:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

1. When a child has gone through a disaster what is a common type of play in the playroom?
   1. Pressured Speech
   2. Lack of Speech
   3. Lack of Play
   4. Pressured Play
2. Children who have experienced severe reactions to a disaster will likely show what kind of response?
   1. Flight
   2. Fight
   3. Freeze
   4. Failure
3. Children need to have three things after a disaster; these include stability, safety, and
   1. Consistency
   2. Rewards
   3. Finances
   4. Alone Time
4. People who go through a disaster are likely to
   1. Alienate
   2. Come Together
   3. Lose Resiliency
   4. Seek Help
5. Type 1 Trauma is \_\_\_\_\_\_\_\_\_\_\_ while type 2 trauma is \_\_\_\_\_\_\_\_\_\_\_\_\_ .
   1. Non-personal; Interpersonal
   2. Interpersonal; Non-personal
   3. Traumatic; Non-traumatic
   4. Non-traumatic; Traumatic
6. Being a man or woman of your word is important because it helps bring back the feeling of
   1. Frustration
   2. Acceptance
   3. Dependence
   4. Faith
7. Primary loss would be the loss of a home. What would be a Secondary Loss?
   1. Loss of Possessions
   2. Loss of childhood
   3. Loss of safety
   4. Loss of faith
8. When a child comes into counseling it is important to
   1. Listen only to the parents report
   2. Not question their diagnosis
   3. Assess for trauma
   4. Avoid information from outside the playroom
9. Severe reactions to trauma are likely to affect what area of a child’s life?
   1. Home
   2. Social
   3. School
   4. All of the above
10. When reflecting feelings of children, they sometimes become disconnected. This requires you to gauge their
    1. Resiliency
    2. Language
    3. Compassion
    4. Interest

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