Play Therapy with Adolescents  
Please complete the following quiz to earn Continuing Education credit.

Your name:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

1. Jodi Mullen has always wanted to work with children.
   1. True
   2. False
2. Adolescence falls within the age range of?
3. 8-15
4. 10-17
5. 8-17
6. 10-19
7. What is not a tip to working with adolescents in general?
8. Giving respect to adolescents
9. Outlining every session to caregivers
10. Not taking things personally during session
11. Being able to access own experiences
12. A major goal in work with adolescents is to \_\_\_\_\_\_\_\_\_\_.
13. Correct their behavior
14. Get them to talk to resolve issues
15. Stand out by requiring nothing of them
16. Impress them so they like you
17. Adolescents have their own culture.
    1. True
    2. False
18. “Adults cannot be trusted” is an example of:
19. Media images
20. Shared custom
21. Culturally specific knowledge
22. Collective belief
23. Cross cultural competency includes:
24. Open to values different from your own
25. Never letting your own values show
26. Giving advice based on your own religious morals
27. Googling popular pop culture reference
28. A caregiver complains their adolescent sleeps too much. What is the best way to respond?
29. Empathize with the caregiver’s feelings so they feel heard
30. Agree that all teens are lazy
31. Psychoeducation on developmental processes taking place
32. A and C
33. When is it appropriate to use play therapy with adolescents?
34. All the time
35. With clients who have experienced trauma
36. With adolescent boys
37. B and C
38. What toys are suited for play therapy with adolescents?
39. Same toys used in child play therapy
40. Sensory items, sand tray
41. Mainly board games
42. Mainly apps/technology
43. What is one way to bond with adolescent clients?
44. Music
45. Facebook
46. Talking their lingo
47. Pretending to like same shows
48. Necessary skills for play therapy include:
49. Confrontation, goal-setting
50. Limit setting, reflection of feeling
51. Tracking, CBT
52. Lecturing
53. Creativity, sense of humor, and confidence…
54. Help caregivers trust you.
55. Can detract from serious content in sessions.
56. Are unimportant qualities for a counselor to possess.
57. Are personality traits most effective with adolescents.
58. Fun, creative play can help the healing process.
    1. True
    2. False
59. The most important part of any intervention, such as Lyrical Letter, is
60. Materials
61. Overview
62. Rationale
63. Creativity

Mail back to:

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